



THE BAD DAY PLAN

— You don't rise to the occasion. You fall back on the plan —

1



One Breath First

Look around, then act. Panic is a terrible project manager.

2



911 When in Doubt

Say the address first. No dispatcher ever minded a double-check.

3



Fire Math

Small fire: PASS. Spreading fire: get out, stay out.

4



The 72-Hour Kit

Water, food, light, meds, cash — packed on a calm afternoon.

5



After a Crash

People, safety, info, photos, report. Never announce fault.



Dad's Quick Take:

Make the plan when nothing is wrong. Calm is a skill, not a personality.