



The Salary Negotiation Script

Negotiating feels terrifying exactly once — then you realize employers expect it. Here's what to actually say, word for word.

1 When they ask your "salary expectations" early

SAY THIS

"I'd like to learn more about the role before talking numbers — could you share the budgeted range for this position?"

Whoever names a number first anchors the talk. Many states now require them to share the range if you ask. If pushed, give a range based on research, not your rent.

2 When the offer comes

SAY THIS

"Thank you — I'm really excited about this. Could you send the full offer in writing? I'd like to take a day or two to review it."

Never accept on the phone in the moment. Excitement + a short pause is normal and professional. 24–48 hours is standard.

3 The counter

SAY THIS

"I'm excited about the role and ready to accept. Based on what I found for similar positions in this market — and the [skill/experience] I bring — I was hoping for something closer to \$X. Is there flexibility there?"

- ☐ Ask for ~5–10% above their number (entry-level reality zone)
- ☐ Name one specific number, not a range — ranges get the bottom
- ☐ Then **stop talking**. The silence is doing the work

4 If they say no

SAY THIS

"Understood. Is there flexibility elsewhere — a signing bonus, an earlier review with a raise on the table, extra PTO, or support for training?"

Base salary is one lever of many. A 6-month review with a raise tied to it is a very winnable ask.

Before the call: know your number

- ☐ Look up the role + your city on 2–3 salary sites; note the middle of the range
- ☐ Check the range on the job posting itself (often required now)
- ☐ Ask people in the field — "What should someone starting out expect?" works fine
- ☐ Write down: my target \$_____ · my walk-away \$_____

The rules

- ☐ Negotiate **after** the offer, never during interviews
- ☐ They will not rescind an offer for one polite counter — this fear is famous and mostly fiction
- ☐ Never bluff about another offer you don't have
- ☐ Don't explain your expenses — the market sets your value, not your rent
- ☐ Everything agreed gets into the written offer before you sign
- ☐ Once you accept, stop negotiating and start strong

Why this matters more than it feels like

	Offer as-is	+\$3,000 negotiated
Year 1	\$48,000	\$51,000
Every raise after	% of \$48k	% of \$51k
Rough 10-year impact	—	\$35,000+

Raises compound off your starting number. Five awkward minutes now is the best-paid work you'll ever do.

Dad's Quick Take: The worst realistic outcome of a polite counter is "no, the offer stands" — and you accept a job you were going to accept anyway. You cannot lose this hand. Play it.